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SPECIAL SOMEONE. ESPECIALLY IF
THAT SPECIAL SOMEONE IS YOU.



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The Sports Beacon

Beacon News sports writers shed light on the local sports scene

The Back Nine: Managing the moment

By [Jim Owczarski](#) on June 19, 2008 4:04 AM | [Permalink](#) | [Comments \(0\)](#) | [TrackBacks \(0\)](#)

I attended an interesting seminar last night at beautiful [Bolingbrook Golf Club](#) that featured noted teaching professional Carl Rabito and chiropractic physician [Dr. Perry Cammisa](#).

Rabito heads up [Rabito Golf](#), which is based locally at [The Golf Academy of Bolingbrook Golf Club](#)

Carl broke down the swing, addressed a lot of the common problems golfers create for themselves by positioning their body in an incorrect way at address. He said "we do what we think we should do" - and that wrong thinking leads to wrong form, which leads to wrong golf swings etc etc...

I could type a book here about the seminar and what Rabito and Cammisa talked about in terms of proper mechanics - but I won't. I will say [get in touch with Rabito Golf](#), go see Carl, or Director of Instruction Rick Nelson, or Will Smith or Greg Towne...and get your body and your swing adjusted. ...

I will tell you this - I have really struggled with my short irons this year (9 iron on in) - losing up to 12 shots a round on missed greens. All I did was **watch and listen** to Carl and in a golf outing *today* I was hitting wedges to within 10 feet....

[Dr. Cammisa](#) has been working closely with [Rabito](#), and the two have a great working relationship in that Cammisa can help correct the flaws in your body - you can determine if you need heel lifts, or arch supports, or simply to stretch certain muscles....

It was a unique experience, and I definitely recommend looking them up...